

Healthy, hearty, wholesome food  
lovingly prepared

### Spring/Summer cold fork - example dishes

#### Mains

Rolled free range chicken marinated in apricots, preserved lemon and Moroccan spices with herbed yoghurt - wf

BBQ marinated pork loin with roasted shallot and tarragon mayo, pickled summer veg - wf  
Roasted herbed lemon crusted salmon or poached salmon (wf) with crunchy green beans, white beans with saffron aioli

Locally made damson gin cured salmon and mackerel platter with horseradish cream and cucumber - wf

Carrot tarte tatin with fresh mint and goats' cheese - v\*

Vegan mezze - chargrilled vegetables, antipasti, tabbouleh, hummus and wholemeal flatbread - vegan

Heritage tomato, courgette, and cheddar frittata wedge - v and wf

Roast summer vegetables with summer greens and goats cheese quiche - v

#### Salads - all our salads are veggie

Bombay potato salad - wf

Dressed allotment potato salad - potatoes, beans, and beetroot with dill dressing - wf and vegan

Tabbouleh with feta, mint and lemon - v\*

Spiced rice with saffron, olives, peppers and green beans - wf and vegan

Red slaw with seeds - wf and vegan

Local green leaves, pickled radish, onion seeds and carrot ribbons- wf and vegan

*V\* - can do vegan alternative*

### Spring/Summer Hot fork buffet - example dishes

#### Mains

House blend Moroccan spiced lamb sausages with mixed herby beans

Saffron and lemon yoghurt chicken - wf

Crispy chicken marinated thighs on summer vegetable and olive tagine

Roasted salmon with braised onion, fennel topped with salsa verde - wf

Roast seasonal white fish on ratatouille - wf

Summer vegetable tagine with honeyed almonds and herbed yoghurt - v - wf, vegan without yoghurt

Vegetarian moussaka

Beet balls in tomato and basil sauce - vegan

#### Desserts

Mini meringues with elderflower cream, berries in basil

Raspberry and chocolate pudding cake

Lemon and blueberry cheesecake - vegan and wf

Millionaires shortbread chocolate tart

*Other items and organic foods are available upon request*

*Some items may not be available due to seasonality*

*Please contact our office if you require full allergy or dietary information on our dishes*

*If you require any information on dishes that are - Low sugar, Low salt, available in half portions, healthy alternative options please contact a member of our team*